



MIRROR MIRROR

Beauty

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Welcome to Mirror Mirror

Whether you have just an hour to spare or want a full day of deserved indulgence, on your own or with friends then you can be sure of a warm welcome at our salon.

Suzanne Bennett
Established 1982

www.mirrormirrorbeauty.co.uk

PAGE | INTRODUCTION





Stockists of

Espa

Priori Cosmeceutical

Australian Teatree

Body Care

Essie Nails

Get Fresh Feet

Ellipse Pulse Light

Nail Magic

He-Shi Tanning

LA Tan

Gift Vouchers are also available



Espe Facial Treatments

Espe is a product, treatment and lifestyle concept which has been developed over many years in leading spas around the world. ESPA products are well known for their purity, potency and therapeutic qualities. The five star spa company bring you the most effective treatment techniques tailoring the treatments to suit each unique individual need. By combining active and natural ingredients with the latest scientific advances, the result is a luxurious range in which the benefits can be continued both at home or whilst travelling.

ESPA AROMATHERAPY FACIAL - ALLOW 1 HOUR - £44

Suitable for all skins, this deep cleansing, relaxing aromatherapy facial, purifies, refines and hydrates. Specific active aromatherapy products are combined with acupressure massage, lymph drainage and oriental head massage to leave the mind clear and the skin radiant and moisturised.

ESPA SKIN BRIGHTENER FACIAL - ALLOW 1 HOUR £49

This rejuvenating facial is perfect for all skin conditions and particularly when environmental stress, business pressure, illness or lack of sleep leaves you with dull, lifeless, sallow skin. This facial includes a special application of Skin Brightener, rich in natural AHAs and BHAs from hawaiian algae and meadowsweet to help improve the radiance, appearance and texture of the skin.

ESPA (NEW) FIRMING & LIFTING FACIAL ALLOW 1 HOUR - £55

A scientifically proven age defying facial that will lift and firm the skin. Ahead of it time it will dramatically stimulate, rejuvenate and restructure, giving deep down nourishment. Effective immediately the skin will look visibly younger. Using the latest scanning technology we aim to help clients maintain their youthful appearance. A long awaited facial!

ESPA EXPRESS/PRELUDE FACIAL - ALLOW 30 MINUTES - £26

If time is of the essence this facial is ideal.

ESPA EYE LIFT - ALLOW 25 MINUTES - £35

This treatment is designed to combat the effects of premature ageing, and stress to the eye area and is also of benefit to those who suffer from irritable, puffy or sensitive eyes. It is a welcome treat for those suffering from eye-strain, computer headaches and contact lens wearers. The ESPA eye lift is perfect to combine with any ESPA facial or body treatment for a truly relaxing and lifting finish.

**ESPA HOLISTIC AROMATHERAPY
LUXURY BACK FACE & SCALP TREATMENT**
ALLOW 1 HOUR 25 MINUTES - £62

This all embracing treatment includes a full ESPA intensive facial with acupressure, face and oriental head massage. The initial deep cleansing back exfoliation, is followed by a deeply relaxing back massage with aromatic oils bringing powerful de-stressing benefits to mind and body.

ESPA REGENERATING FACIAL - ALLOW 1 HOUR - £49

An intensive boost for maturing, stressed or distressed skin, products from the ESPA CONCEPT range are included in this facial to give concentrated protection and nourishment. Concentrating on regenerating, firming and nourishing, this facial leaves the skin fresh, revitalised and toned.

MICRODERMABRASION SKIN SMOOTHIE
ALLOW 30 MINUTES - £27

The skin is polished using a specially designed wand containing fine crystals, ideal for reducing acne scarring and pigmentation marks. Vacuum suction also increases collagen and elastin therefore softening fine lines and wrinkles. Suitable for most skins allowing the benefit of regeneration and cellular activity. A firmer fresher skin after only one treatment.

DELUXE SKIN SMOOTHIE - ALLOW 1 HOUR - £55

As previous but incorporating the aromatherapy Espa facial.

**PRIORI LACTIC ACID PEEL
ADVANCED AHA COSMECEUTICAL FACIAL**
ALLOW 30 MINUTES - £40

The first signs of skin ageing come from decreased skin moisture content combined with a decrease in skin's natural exfoliation and renewal rate, resulting in dull skin, lack of suppleness, dryness, uneven pigmentation, fine lines and wrinkles. Advanced AHA with LCA Complex, a unique combination of Lactic acid with time released essential skin antioxidant vitamins, corrects both of these problems and helps normalize skin exfoliation and cell renewal rate to return the skin to a more youthful, healthy appearance.

DELUXE LACTIC ACID PEEL - ALLOW 1 HOUR - £55

Incorporates head, neck and shoulder massage.

Espe Body Treatments

BODY SILK EXFOLIATING MASSAGE - ALLOW 1 HOUR - £52

A whole body treatment to prepare you for a holiday or special occasion. Plant exfoliants are applied to remove dead skin cells and leave your skin silky smooth. This is followed by a relaxing massage using Aromatherapy oils.

ESPA BODY POLISH - ALLOW 30 MINUTES - £26

An exclusive body and skin enhancing treatment which can be used in isolation to remove dead or dry skin, or as a preparation for an aromatherapy massage or tanning treatment. This complete exfoliation will cleanse and invigorate the body.

ESPA LIFE SAVING BACK TREATMENT ALLOW 40 MINUTES £40

An ideal treatment for problematic skin and a great treat for this much neglected and hard-to-reach area. The back is deep cleansed, body brushed and exfoliated to help stimulate circulation and cell renewal, then calmed and relaxed with a luxurious aromatherapy massage.

ESPA LUXURY HOLISTIC AROMATHERAPY TOTAL BODY CARE ALLOW 1 HOUR 30 MINUTES - £65

This all-encompassing treatment commences with full body skin brushing and exfoliation to prepare the skin, leaving it feeling soft and smooth. This is then followed by a deep body, face and scalp massage using a blend of essential oils chosen to suit individual requirements.

STONE THERAPY MASSAGE

BACK & SCALP - ALLOW 40 MINUTES - £40

FULL BODY - ALLOW 1 HOUR 20 MINUTES - £60

ADVANCED BACK FACE AND SCALP - ALLOW 1 HOUR 40 MINUTES - £70

TOTAL BODY CARE - ALLOW 1 HOUR 55 MINUTES - £80

All embracing intensive treatment with the use of hot stones.

Massaging with the stones brings powerful de stressing benefits to the mind and body. They stimulate and balance vital energy points throughout this exceptional treatment. All treatments include an oriental head massage.

INDIAN HEAD MASSAGE - ALLOW 40 MINUTES - £35

The holistic head massage to relieve eye strain, tension, headaches and stress. Promotes hair growth, ideal during pregnancy as this treatment has no contraindications - Leaves you completely relaxed and energised.

THE ONE AND ONLY UNIVERSAL CONTOUR BODY WRAP ALLOW 2 HOURS 30 MINUTES - £60

(Scientifically proven, as seen on GMTV with Lorraine Kelly)

A slimming treatment designed to extract toxins, reduce cellulite and firm the body. Fully guaranteed to lose six inches on a fully body wrap or no charge will be made.

G5 FOR THE BODY - ALLOW 30 MINUTES - £17

A treatment which helps to break down fatty deposits and aids the removal of cellulite, tones and firms. Ideal for clients on a weight loss programme. Results are visible after only a few sessions.

ESPA PRE-NATAL TREATMENT ALLOW 1 HOUR 25 MINUTES - £62

This total body treatment has been carefully designed for pregnant and nursing mothers to take account of all contra indications and aid in relaxation and tonicity of the skin during this very special time. The treatment avoids the use of essential oils as advised by the Aromatherapy Organisation Council and is a luxurious treat using a Calendula infused oil, various muds and creams and advanced massage techniques to safe areas. It leaves the skin toned and the client totally relaxed.

SPECIALISED FACIAL TREATMENT

ELLIPSE INTENSE PULSE LIGHT NEW - SKIN REJUVENATION* PRICES START FROM £20 AS SEEN ON TV "TEN YEARS YOUNGER PROGRAMME"

Natural filtered light will stimulate the fibroblasts to produce more collagen resulting in a smoother more youthful appearance, reducing wrinkles and fine lines. This treatment is painless and none invasive yet gives lasting results to the client who has immediate ageing concerns. Will also treat acne/scarring, pigmentation and thread veins. Please look at the website for documented pictures.

*Please contact a member of staff for further information.

ESPA Massage

ESPA massage treatments use a blend of individually chosen oils. A personal consultation and sensory test will ensure you receive a unique treatment with massage techniques and a blend of essential oils to suit your specific needs. Massage can be used to promote both well being and enhance skin texture, elasticity and tone.

ESPA BACK MASSAGE - GENTLEMEN TOO ALLOW 30 MINUTES - £26

This holistic back massage can be enjoyed by everyone. To treat, relax and unwind.

ESPA BODY TONER MASSAGE - ALLOW 55 MINUTES - £45

Restorative Body Oil is rich in essential oils of paimarosa, sweet orange and myrrh, which are known to help improve skin tonicity and firmness. The skin is left feeling nourished and hydrated.

ESPA MUSCLE RELAXING MASSAGE ALLOW 55 MINUTES - £45

The body is massaged with Fitness Oil to soothe away aches and pains. A rich essential oil blend of cloves, west indian bay, rosemary and peppermint help ease joint pain and the discomfort of stiffness, and relax and calm the muscles.

ESPA STRESS RELIEVING MASSAGE ALLOW 55 MINUTES - £45

Whatever the cause of your stress, this full body massage is ideal to be taken towards the end of the day when the desire to relax can be fulfilled by sleep. Essential oils of frankincense, myrrh and ylang Xiang have deeply relaxing, cairning properties to soothe ind de-stress.

ESPA JET-LAG ELIMINATOR - ALLOW 55 MINUTES - £45

Rebalance your energy levels by reactivating your senses, lifting your spirits and re-establishing mental clarity with a massage of rosemary, citrus and english peppermint, or relax into untroubled sleep with myrrh, frankincense and ylang ylang.

ESPA ENERGISING MASSAGE - ALLOW 55 MINUTES - £45

The re-energising feel-good effects of eucalyptus, coupled with the mind clearing benefits of english peppermint and rosemary can help you face the day with an increased, positive sense of well being and mental clarity.

BOTOX® DERMAL FILLERS LIP ENHANCEMENT - MAUREEN SCULLY RN. RM.
If you want to enhance your looks naturally without under going surgery then dermal fillers and anti wrinkle injections (Botox®) are the alternative treatment you have been looking for. For a FREE informal consultation please contact the salon.

NON-SURGICAL FACE LIFT "THE FACIAL OF THE CENTURY"
ALLOW 55 MINUTES - £36 OR COURSE OF 6 £180

Why not join the rich and famous and experience incredible results? Many celebrities benefit from non-surgical facelift. Visible results immediately. Can you afford to miss out? Add £8 per treatment if you would like to try our Vitamin C eye lift.

LUXURY COLLAGEN LIFT - ALLOW 1 HOUR 15 MINUTES - £46

Dermalift combined with the latest 90% Collagen Mask - A truly first class treatment.

THE NON-SURGICAL BOTOX® FACIAL LIFT
ALLOW 1 HOUR 15 MINUTES - £52

LUNCHTIME EYE LIFT - ALLOW 30 MINUTES - £25

Non-surgical eye treatment to tone, lift and smooth tired eyes. With extracts of vitamin C to reduce puffiness and shadows. Ideal for those who work at a computer.



Tanning

ST TROPEZ

A wide range of St Tropez products are available for those clients who choose to have a safe natural tan. Easy to apply and colour and lasts for up to two weeks.

HeShi

We also stock HeShi instant self-tan. The tan that everyone is talking about!

Mirror Mirror Spray Tan

Full Body £20

Half Body £15

Face and Neck £10

Takes only minutes, lasts for days.

Please note that skin must be clean and free from any body lotion.

No deodorant, jewellery or make-up to be worn.

Wear loose dark clothing and do not have contact with water for at least 4 hours after application.





Essie Nails

Look and feel like the rich and famous, and treat yourself to the luxurious Essie nails range. Every part of the Essie nail system is about promoting the well being of the natural nail.

ESSIE PRESCRIPTIVE MANICURE - ALLOW 45 MINUTES - £20

A treatment manicure, which analyses and treats each nail for its specific nail type. The cuticles are cared for with oils and creams, the nail shape is perfected and treatment basecoats and colour are applied for the perfect finish until your next visit.

ESSIE CHAMPAGNE MANICURE - ALLOW 45 MINUTES - £30

The Essie Prescriptive Manicure with a glass of champagne.

ESSIE DELUXE MANICURE WITH THERMAL MITTENS ALLOW 1 HOUR - £30

The Essie Prescriptive Manicure using thermal mittens for deeper penetration of vital oils and creams into the skin, softening cuticles, improving circulation and soothing stiff joints. Colour included.

ESSIE FRENCH MANICURE - ALLOW 45 MINUTES - £20

A Prescriptive Manicure including a polish that enhances the natural nail, whitening the free edge and giving them a well groomed finish.

EXPRESS MANICURE - ALLOW 30 MINUTES - £16

Nails are conditioned with oils and creams, filed to shape and finished with an Essie Polish of your choice.

ESSIE FILE-POLISH - ALLOW 15 MINUTES - £10

DOUBLE TROUBLE* - PLEASE ASK FOR FURTHER DETAILS

Enjoy a relaxing fun way to catch up with a friend with a deluxe manicure or pedicure whilst sipping a complimentary glass of wine or selection of soft drinks. You and a girlfriend can sit back and relax whilst your hands and feet are being brought back to life.

GET FRESH PEDICURE

Take away the every day pressures of life and enjoy a relaxing foot treatment.

GET FRESH PEDICURE* - ALLOW 1 HOUR - £28

A luxury treatment with revitalising citrus and lemongrass, the result is softer, smoother legs and feet finished with perfectly polished toes. The treatment includes soak, scrub, full nail and cuticle attention, massage and polish.

CHAMPAGNE PEDICURE* - ALLOW 1 HOUR - £38

The get fresh luxury treatment pedicure with a glass of champagne.

GET FRESH DELUXE PEDICURE* WITH THERMAL BOOTIES ALLOW 1 HOUR 15 MINUTES - £34

The get fresh pedicure uses thermal booties for deeper penetration of oils and creams, softening cuticles, improving circulation and soothing stiff joints. Colour included.

GET FRESH TREATMENT FRENCH PEDICURE* - ALLOW 1 HOUR - £28

A get fresh pedicure including a polish that enhances the natural nail, whitening the free edge and giving them a well groomed finish.

EXPRESS PEDICURE - ALLOW 30 MINUTES £18

Nails are conditioned with oils and creams, filed to shape and finished with a polish of your choice.



Minx Designer Nails

MINX NAILS

Minx nails add fashion and glamour to your nails. Each amazing design is applied to every nail to extend your individuality. Minx is not a liquid and no hazardous chemicals are used in its application. Minx does not require any drying time.

FULL SET - ALLOW 45 MINUTES - £25.00

REMOVAL, NAIL SHAPE AND NOURISH - ALLOW 30 MINUTES - £15
DIAMANTES APPLIED TO THE NAIL AT 50 PENCE EACH

GOOD TO GO GEL POLISH - ALLOW 45 MINUTES - £25

This fabulous gel polish dries within seconds and may last upto 14 days. This product is ideal for holidays and clients who are tight for time.

- * MIRROR MIRROR RECOMMENDS THAT YOU ALLOW AN ADDITIONAL 5-10 MINUTES FOR YOUR POLISH TO BECOME TOUCH DRY BEFORE LEAVING THE SALON.
- * WE RECOMMEND THAT HEAT AND WATER BE AVOIDED FOR TWO HOURS AFTER TREATMENT.
- * WHEN BOOKING A PEDICURE IT IS ESSENTIAL THAT YOU BRING FLIP-FLOPS FOR YOUR JOURNEY HOME. DISPOSABLE PEDI SLIPPERS CAN BE PROVIDED IF YOU FORGET.



Minx



Lash Perfect

PROFESSIONAL EYELASH EXTENSIONS

SEMI PERMANENT LASH EXTENSIONS

FULL SET - ALLOW 1 HOUR 30 MINUTES - £60

A PROGRAMME MUST BE PUT IN PLACE EVERY TWO WEEKS IF LASHES ARE TO BE MAINTAINED - FROM £20

Lash perfect lashes are state of the art semi-permanent lash extensions that give longer, thicker, very natural looking lashes. Soft and curved Lashes have a flat base and a fine, polished tip - just like natural lashes.

Alternatively why not try our 'Party Lashes' for that "one off" occasion. Individual or strip lashes are available.
ALLOW 30 MINUTES - £25 .

SHAPING AND TINTING*

EYEBROW SHAPE - ALLOW 15 MINUTES - £7

EYELASH TINT* - ALLOW 15 MINUTES - £10.50

EYELASH AND BROW TINT* - ALLOW 30 MINUTES - £15

EYEBROW TINT* - ALLOW 15 MINUTES - £6

EYELASH TINT, BROW TINT AND SHAPE - ALLOW 45 MINUTES - £19

* FOR CLIENTS NEW TO THIS TREATMENT AN ALLERGY TEST IS REQUIRED 24 HOURS PRIOR TO TINTING.



Maintenance

WAXING

Half leg (lower)	ALLOW 30 MINUTES	£17
Half leg (upper)	ALLOW 30 MINUTES	£17
Three Quarter leg	ALLOW 40 MINUTES	£20
Full leg (no bikini)	ALLOW 40 MINUTES	£23
Full leg, bikini and underarm	ALLOW 60 MINUTES	£35
Full leg bikini	ALLOW 60 MINUTES	£28
Bikini line	ALLOW 15 MINUTES	£9.50
Bikini line (high leg) upto Brazilian	ALLOW 30 MINUTES	£16
Underarm	ALLOW 15 MINUTES	£8.50
Forearm	ALLOW 20 MINUTES	£11
Whole arm	ALLOW 30 MINUTES	£16
Upper lip	ALLOW 15 MINUTES	£6.50
Lip and chin	ALLOW 15 MINUTES	£9.00
Chin	ALLOW 15 MINUTES	£6.50
Face (sides)	ALLOW 15 MINUTES	£12.00
Navel	ALLOW 15 MINUTES	£6.00
Eyebrows	ALLOW 15 MINUTES	£7.00
Lip, Chin and Face Sides	ALLOW 30 MINUTES	£16.00

* PLEASE SEE CONTRA INDICATIONS ON INSIDE BACK PAGE

ELECTROLYSIS*

Electrolysis is a permanent method of removing unwanted face or body hair. We use Sterex disposable needles.

UP TO 15 MINUTES £11

UP TO 30 MINUTES £18

*A FREE CONFIDENTIAL APPOINTMENT IS AVAILABLE FOR A FULL EXPLANATION OF THIS TREATMENT.

INTENSE PULSE LIGHT

BOOK NOW FOR A TEST PATCH & CONSULTATION - £20

The Problem! Unwanted Hair. The Answer! Intense Pulse Light. Safe, effective, rapid, affordable, non-invasive treatment. Everyone can now permanently reduce unwanted hair. This unique advanced treatment is very successful on most skin types, and the darker the hair the more efficient the removal. Once you have tried Ellite you will never look back!

Special Treatments

ESPA EXPERIENCE - ALLOW 2 HOURS - £75

Back massage
Express Facial
Manicure and Pedicure - Including Chocolates & bubbly

BEAUTIFUL WEEKENDER - ALLOW 4 HOURS - £125

Facial
Full Body Massage
Manicure
Pedicure - Including Chocolates & bubbly

TIGHT FOR TIME - ALLOW 1 HOUR 30 MINUTES - £55

Express Facial
Lash Tint* Brow shape
Nail Paint on Hands and feet

HOLIDAY MANIA - ALLOW 2 HOURS 30 MINUTES - £70

Full leg wax including Bikini Line
Nail Paint on Hands and Feet
Lash Tint* Brow Shape
Spray Tan**
(Wax and Tanc can not be performed on same day)

SMOOTH ENCOUNTER FOR MEN ALLOW 1 HOUR 30 MINUTES - £60

Facial
Manicure
Eyebrow Groom

MAKEUP BY PRIORI

This advanced system will change the way you think about makeup. Easy to apply and effective after any hair removal even electrolysis or laser. Sanctioned by the British Research Cancer Federation these products are one of a kind.

NEW LOOK MAKEUP - £35

WEDDING TRIAL AND MAKEUP ON THE DAY - £60
(Sorry but we do not offer a mobile facility)

- ***Treatment packages cannot be altered
- *** Please bring open toe shoes
- ** See contra indications on inside back cover
- * Patch is required 24 hours prior to treatment.



Male Grooming

It's a fact that men's skin is thicker than women's - 30% thicker; it produces more sebum and has more hair follicles and higher levels of collagen and elastin. These differences coupled with increasingly pressured lifestyles and a natural desire for simplicity has led to the development of a range of deeply relaxing face and body treatments, incorporating ESPA MEN products, specifically designed to suit men's skin care needs.

MODERN MAN - ALLOW 1 HOUR 30 MINUTES - £60

Men's intensive Facial Treatment
Men's Executive Manicure
Eyebrow groom

ESPA MEN INTENSIVE FACIAL TREATMENT* ALLOW 1 HOUR - £40

There is a triple cleanse procedure in this purifying, balancing and hydrating facial where steaming towels are wrapped around the face and neck to soothe and soften, this also aids the drainage that can lead to congestion and blocked pores. Following the relaxing face massage with acupressure points and lymphatic drainage, a deep shoulder and scalp massage is performed to help release tight muscles and tension. You will leave feeling and looking totally relaxed and refreshed.

ESPA MEN DEEP CLEANSING BACK TREATMENT ALLOW 40 MINUTES - £40.00

An ideal treatment for problematic skin, but a great treat for this much neglected and hard to reach area. The back is deep cleansed, body brushed and exfoliated to help stimulate circulation and cell renewal, then calmed and relaxed with a luxurious aromatherapy massage.

ESPA FITNESS MASSAGE - ALLOW 1 HOUR - £45

This body treatment is appropriate either before or after exercise as it uses essential oils of lavender, rosemary and clove to help increase circulation and warm muscles, preventing strains and relieving aches and pains. Ideal for anyone involved in sports, fitness or heavy work.

WAXING

Eyebrow Groom - ALLOW 15 MINUTES - £7
Back and Shoulders - ALLOW 30 MINUTES - £25
Chest - ALLOW 30 MINUTES - £25
Back, Shoulders and Chest - ALLOW 1 HOUR - £45

MEN'S EXECUTIVE MANICURE - ALLOW 20-30 MINUTES - £16

The nails will be cleaned and trimmed, cuticles clipped followed by a short hand massage and nails buffed to a dull shine.

MEN'S EXECUTIVE PEDICURE - ALLOW 45 MINUTES - £25

A luxurious foot treatment with oils to nourish and prevent a build up of hard skin and callouses. The toenails are cleaned and trimmed, cuticles are conditioned and gently pushed back, followed by a foot massage to finish.

SKIN SMOOTHIE MICRODERMABRATION*

Diamond Peel Dermabrasion is an unique facial treatment that reduces, fine lines and wrinkles, acne scarring, pigmentation and sun damage, whilst stimulating collagen and elastin production. This treatment reveals cleaner, clearer, refined skin, and can be used over the whole face or target specific areas including eyes and body.

Skin Smoothie - ALLOW 30 MINUTES - £27

Delux Skin Smoothie - ALLOW 1 HOUR - £55

*WE RECOMMEND THAT MEN SHAVE A FEW HOURS BEFORE ANY FACIAL TREATMENT.



Information

CONTRA INDICATIONS/SPECIAL REQUIREMENTS

1. If you are taking medication, are postoperative, pregnant or have a medical condition, it is advisable that you consult your doctor before embarking on any treatment or programme. Certain medical conditions may preclude you from having some of the treatments.
2. If you have any allergies, particularly to nuts, seafood or wheat, please advise us at the time of booking as some of our oils are not suitable, we can then advise you on an alternative oil and treatment.
3. Please note we are unable to proceed with any foot treatments if you suffer from athlete's foot, verruca or fungal infections.
4. A patch test is required 24 hours prior to any tinting treatment for new clients or clients who have not had tinting within the past six months.
5. We do not recommend any waxing or facials directly before or after any form of heat treatment or spray tanning.
6. Please ensure mobile phones are switched off so that it does not disturb the relaxation of others as well as yourself.
7. We suggest that you pay for your manicure or re-polish prior to your treatment to avoid any damage to your polished nails.
8. All prices are inclusive of VAT at the current rate and are subject to change without prior notice. The range of treatments is subject to availability.
9. Appointment timing. We would ask that you arrive 10 minutes prior to your treatment time to enable the necessary consultation to be completed and of course for you to relax.
10. When booking an appointment for longer than 90 minutes we must ask for a deposit to secure the treatment as longer appointment times are in high demand.



CANCELLATION POLICY

1. As a courtesy to other clients and our therapists please give at least 24 hours notice if you wish to cancel or change an appointment. A charge of 50% of the treatment may be incurred or the full amount if the slot cannot be rebooked. Please note we have a 24-hour answering service.

GIFT VOUCHERS


1. Our bespoke gift vouchers are available for any treatment, product or value and can be purchased at reception or by telephone. Vouchers are valid for six months from the date of issue, non refundable and must be presented at the time of treatment.
2. It would be our pleasure to gift-wrap any items purchased from our product boutique. Please ask at reception if you require this complimentary service.

NO SMOKING POLICY

1. Mirror Mirror is a non smoking environment, including our surroundings.



Please scan this with
your mobile phone
to visit our website.



Opening Times

Monday - Thursday: 9.00am - 8.30pm

Friday: 9.00am - 7.30pm

Saturday: 9.00am - 5.00pm

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